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## OVER MOUNTAIN TOPS AND THROUGH THE VALLEYS OF POSTGRADUATE STUDY AND RESEARCH: A TRANSFORMATIVE LEARNING EXPERIENCE FROM TWO SUPERVISEES' PERSPECTIVES [ABSTRACT]

Joy Penman\* Monash University, Melbourne, <u>Joy.Penman@monash.edu</u>

Australia

Glenna Lear University of South Australia, Glenna Lear@unisa.edu.au

Adelaide, Australia

## ABSTRACT

Aim/Purpose The purpose of this paper is to illuminate the learning that happens in as-

suming a supervisee's role during the postgraduate study.

Background The facilitators and barriers students encountered while pursuing postgrad-

uate studies, strategies to achieve success in postgraduate studies, and how to decrease attrition rates of students, have been sufficiently explored in literature. However, there is little written about the personal and professional impact on students when they are being supervised to complete their post-

graduate studies.

Methodology Autoethnographic method of deep reflection was used to examine the

learning that transpired from the supervisee's perspective. Two lecturers (a Senior Lecturer in Nursing and an Aboriginal Tutor) focused on their post-graduate journeys as supervisees, respectively, with over 30 years of study

experience between them, in Australia and abroad.

Contribution Future postgraduate students, researchers, would-be supervisors and expe-

rienced supervisors could learn from the reflections of the authors' post-

graduate experiences.

Findings Four themes surfaced, and these were Eureka moments, Critical friend(s), Super-

visory relationship, and Transformative learning. The authors highlighted the significance of a supervisory relationship which is key to negotiating the journey with the supervisor. Essential for these students also were insights on finding the path as well as the destination and the transformative aspects

that happened as a necessary part of the journey.

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<sup>\*</sup> Corresponding author

**Conclusion**. The postgraduate journey has taught them many lessons, the most profound of which was the change in perspective and attitude in the process of being and becoming. Personal and professional transformative learning did occur. At its deepest level, the authors' reflections resulted in self-actualization and a rediscovery of their more authentic selves.

Recommendations for Practitioners

This article highlights the importance of the supervisory relationship that must be negotiated to ensure the success of the candidate. Reflections of the transformation are recommended to support the students further.

Recommendations for Researchers

Quality supervision can make a significant influence on the progress of students. Further research on the supervisory relationship is recommended.

Impact on Society

The support in terms of supervision to ensure postgraduate students' success is essential. Postgraduate students contribute to the human, social, professional, intellectual, and economic capital of universities and nations globally.

Future Research

Further reflections of the transformative learning will advance the understanding of the personal and professional changes that occur with post-graduate supervision.

Keywords

postgraduate study, supervisee, autoethnographic reflection, supervisory relationship, transformation

## **BIOGRAPHIES**



**Dr Joy Penman** graduated in nursing from the University of South Australia in 1993. She has since obtained her Masters and Doctoral degrees from the same university. She practiced as a nurse in the local hospital and clinics, but quickly moved to university teaching and research. She has lectured in both undergraduate and postgraduate nursing programs for over 25 years. Joy was also a pharmacist before pursuing nursing. Recently, she served as Stream Lead for the Australian Nursing Studies program at the Monash University, where she is a Senior Lecturer. She has worked to provide professional and clinical education for internationally

qualified nurses wishing to join the Australian workforce. She has earned over AUD 400K in internal and external research funding for various collaborative projects. She is well published in peer-reviewed journals and books and has presented her work in national and international conferences.



**Dr Glenna Lear** began her third age university career in 1997. The University of South Australia awarded her PhD in 2011 for research on rural women's third age learning. Her lifelong passion is learning and she tutors Indigenous students at the University of South Australia's regional study hub in her local community which is classified as remote.